**Source Code :**

#include<stdio.h>

#include<stdlib.h>

int main()

{

int RQ[100],i,n,TotalHeadMoment=0,initial;

printf("Enter the number of Requests\n");

scanf("%d",&n);

printf("Enter the Requests sequence\n");

for(i=0;i<n;i++)

scanf("%d",&RQ[i]);

printf("Enter initial head position\n");

scanf("%d",&initial);

for(i=0;i<n;i++)

{

TotalHeadMoment=TotalHeadMoment+abs(RQ[i]-initial);

initial=RQ[i];

}

printf("Total head moment is %d",TotalHeadMoment);

return 0;

}

**Output :**

